

YEAR 1 // QUARTER 1

UNIT	LESSON	UNIT FOCUS	UNIT TITLE	LESSON TITLE	BIBLE FOCUS
U1	L1	Spiritual Growth	God Is ...	Our Father	Luke 15:11-24
U1	L2	Spiritual Growth	God Is ...	Our Good Shepherd	John 10
U1	L3	Spiritual Growth	God Is ...	The Holy Spirit	John 14:16, 17, 26; 16:12-15
U1	L4	Spiritual Growth	God Is ...	The One and Only God	John 14:6-27
U2	L5	Character Development	Authority	God Grants Authority	Deuteronomy 1:5-33
U2	L6	Character Development	Authority	Honor Your Parents	Exodus 20:12; 1 Samuel 19:1-7
U2	L7	Character Development	Authority	Respect Everyone	Romans 13:1a, 7-10; 1 Peter 2:9-17
U2	L8	Character Development	Authority	Take a Stand	Hebrews 4:12, 16; 10:19-39; 11:1
U3	L9	Life Skills	Powerful Words	Words That Help	Proverbs 15:4; 27:6, 9, 17
U3	L10	Life Skills	Powerful Words	Words That Hurt	Proverbs 12:18; 16:28; 18:21; Romans 1:28-32; Ephesians 5:1-10
U3	L11	Life Skills	Powerful Words	Words That Heal	Proverbs 16:24; Ephesians 4:29; 1 Thessalonians 5:11-18
U3	L12	Life Skills	Powerful Words	Words Under Control	James 3:1-18

YEAR 1 // QUARTER 2

UNIT	LESSON	UNIT FOCUS	UNIT TITLE	LESSON TITLE	BIBLE FOCUS
U1	L1	Spiritual Growth	The Word	Knowing the Story of the Word	Romans 1:16, 17; 2 Timothy 3:14-17
U1	L2	Spiritual Growth	The Word	Trusting the Word	Psalms 19:7-9; 119; Luke 24:44-48
U1	L3	Spiritual Growth	The Word	Using the Word	Colossians 1:1-14
U1	L4	Spiritual Growth	The Word	Studying the Word	Psalms 37:7; 66:18; 119:2, 3; Mark 1:35
U2	L5	Character Development	Wisdom	The Value of Wisdom	2 Chronicles 1:7-12; Proverbs 2:1-9; 3:21-23; 8:11
U2	L6	Character Development	Wisdom	Reacting Wisely	Proverbs 9:10; 12:18; 17:14, 27; 18:13; 19:11; 27:6; 28:13
U2	L7	Character Development	Wisdom	Living Wisely	Proverbs 1:1-7; 3:3-6; 4:6, 7; 11:23, 24; 12:25; 13; 14; 20:3; 21:30; 25:19; 28:18
U2	L8	Character Development	Wisdom	Speaking Wisely	Proverbs 10:14; 12:18; 13:3; 14:25; 15:1, 2; 17:28; 18:21
U3	L9	Life Skills	Critical Thinking	Thinking Creatively	Psalms 139:1-4; Matthew 5:16; Mark 4:26-29
U3	L10	Life Skills	Critical Thinking	Asking Good Questions	Proverbs 18:1, 2; Matthew 15:32-39; 16:13-20; Luke 13:10-17
U3	L11	Life Skills	Critical Thinking	Solving Problems	Proverbs 3:5, 6; 11:1, 2; James 1:5
U3	L12	Life Skills	Critical Thinking	Taking the Steps	Proverbs 14:15; John 6:1-15; 1 John 3:19-24

YEAR 1 // QUARTER 3

UNIT	LESSON	UNIT FOCUS	UNIT TITLE	LESSON TITLE	BIBLE FOCUS
U1	L1	Spiritual Growth	Who Is Jesus?	Our Messiah	Isaiah 9:2, 6, 7; Matthew 4:12-17
U1	L2	Spiritual Growth	Who Is Jesus?	Our Friend	Hebrews 2:10-18; 4:14-16
U1	L3	Spiritual Growth	Who Is Jesus?	Our King	Matthew 21:1-17
U1	L4	Spiritual Growth	Who Is Jesus?	Our Answer	Acts 5:17-42; 1 Peter 3:13-17
U2	L5	Character Development	Forgiveness	Forgiveness Brings Freedom	Psalms 103:11, 12; 2 Corinthians 5:17; Ephesians 1:7-9; 1 John 1:5-10
U2	L6	Character Development	Forgiveness	Forgiveness Brings Relief	Psalms 34:17, 18; Matthew 11:28; Galatians 6:1-6
U2	L7	Character Development	Forgiveness	Forgiveness Brings Restoration	Psalms 51:1-4; 130; Ezekiel 18:21-32; 1 Peter 5:6-11
U2	L8	Character Development	Forgiveness	Forgiveness Changes Lives	Genesis 50; Numbers 16; 2 Samuel 13; Psalm 51:10; 2 Corinthians 5:10
U3	L9	Life Skills	Anger Management	Faith Through Anger	Isaiah 64:8, 9; Ephesians 2
U3	L10	Life Skills	Anger Management	Releasing Anger	Psalms 10; Jonah 4
U3	L11	Life Skills	Anger Management	Responding to Anger	Psalms 37; Proverbs 14:15, 16, 29; 15:1, 18; 22:24, 25
U3	L12	Life Skills	Anger Management	Managing Anger in Healthy Ways	James 1:19-21; Ephesians 4:25-32

YEAR 1 // QUARTER 4

UNIT	LESSON	UNIT FOCUS	UNIT TITLE	LESSON TITLE	BIBLE FOCUS
U1	L1	Spiritual Growth	The Holy Spirit	Leading Us to Live with God	2 Corinthians 3; Hebrews 10:15-25
U1	L2	Spiritual Growth	The Holy Spirit	Helping Us to Pray	Romans 8:1-17, 26, 27
U1	L3	Spiritual Growth	The Holy Spirit	Comforting and Guiding Us	John 16:1-15, 33; Acts 9:31; Romans 5:1-5
U1	L4	Spiritual Growth	The Holy Spirit	Leading Us to Live Like Christ	Galatians 5:16-26; Titus 3:1-11
U2	L5	Character Development	Perseverance	Getting Through Difficult Situations	Genesis 37, 39-46
U2	L6	Character Development	Perseverance	Persevering with Patience	Romans 12:9-12; Colossians 3:1-17; James 1:1-8
U2	L7	Character Development	Perseverance	Setting and Reaching Goals	Proverbs 16:1-3, 9; Luke 14:25-35; 1 Corinthians 9:24-27; Hebrews 12:1-13
U2	L8	Character Development	Perseverance	Helping One Another Persevere	Exodus 3, 4, 17, 18; Proverbs 1:1-7
U3	L9	Life Skills	Choosing Purity	Managing Physical Desires	Proverbs 4:23; Matthew 5:28; 1 Thessalonians 4:1-7; 1 Peter 2:11
U3	L10	Life Skills	Choosing Purity	Knowing Boundaries	2 Samuel 11, 12; Proverbs 6:32; 1 Corinthians 6:12-20
U3	L11	Life Skills	Choosing Purity	Resisting Temptations	Genesis 39; Psalm 119:9-16; Philippians 4:7-9; 2 Timothy 2:22
U3	L12	Life Skills	Choosing Purity	Cultivating Healthy Desires	Proverbs 4:23; 18:12; 1 Corinthians 13:4-7; Titus 2

YEAR 2 // QUARTER 5

UNIT	LESSON	UNIT FOCUS	UNIT TITLE	LESSON TITLE	BIBLE FOCUS
U1	L1	Spiritual Growth	Created by God	Created Male and Female	Genesis 1:27; 2:18; Galatians 3:26-28
U1	L2	Spiritual Growth	Created by God	Honoring One Another	Mark 16:1-11; John 4:1-42; 12:1-8; Romans 12:10
U1	L3	Spiritual Growth	Created by God	God Works Through All People	Acts 9:36-42; 16:14, 15, 40; 1 Thessalonians 5:12, 13
U1	L4	Spiritual Growth	Created by God	Standing Together for God	Ruth 1-4
U2	L5	Character Development	Identity	Who Am I?	2 Corinthians 5:17; Galatians 4:7; 1 Peter 2:9; 1 John 3:1, 2
U2	L6	Character Development	Identity	Who Knows Me?	Psalms 139
U2	L7	Character Development	Identity	What Is Threatening My Identity?	1 Corinthians 10:1-12
U2	L8	Character Development	Identity	How Can I Protect My Identity?	John 13:34, 35; 1 Corinthians 10:13-33; 1 Peter 2
U3	L9	Life Skills	Self-Esteem	Healing Old Wounds	Psalms 7, 73; Isaiah 61:1-3
U3	L10	Life Skills	Self-Esteem	Seeking Protection	Psalms 25; 33:12-22; Proverbs 4
U3	L11	Life Skills	Self-Esteem	Knowing Reasons to Be Strong	Esther 1-10; Romans 8:28
U3	L12	Life Skills	Self-Esteem	Trusting God with Our Needs	Isaiah 43:1-7; Mark 5:21-43

YEAR 2 // QUARTER 6

UNIT	LESSON	UNIT FOCUS	UNIT TITLE	LESSON TITLE	BIBLE FOCUS
U1	L1	Spiritual Growth	Talking with God	Understanding How Jesus Prayed	Matthew 6:5-13; 19:13; Luke 5:16; 9:28
U1	L2	Spiritual Growth	Talking with God	Learning to Pray for God's Kingdom	Matthew 6:5-13; 13; John 3:3; 14:23
U1	L3	Spiritual Growth	Talking with God	Asking God to Meet Our Needs	Matthew 6:11, 12, 25, 26; Philippians 4:19
U1	L4	Spiritual Growth	Talking with God	Asking God to Help Us Fight	Matthew 6:5-13; 1 Corinthians 10:13; Hebrews 2:14-18; James 1:13
U2	L5	Character Development	Community	Recognizing Our Community	Acts 2:42-47; 4:32-35; 1 Corinthians 12:27; Ephesians 4:1-5
U2	L6	Character Development	Community	Honoring Relationships	Matthew 18:15-20; Philippians 2:1-11; 1 Thessalonians 5:12-15;
U2	L7	Character Development	Community	Working with Others	Proverbs 27:17; Ecclesiastes 4:9-12; Mark 6:7-13; Luke 9:1-6; 10:1-16
U2	L8	Character Development	Community	Valuing Everyone	Romans 12:16-21; 1 Corinthians 12:12-31
U3	L9	Life Skills	Communication	Reflecting God's Word in Speech	Titus 2:7, 8; 3:1-9
U3	L10	Life Skills	Communication	Reflecting Jesus' Love by Listening	Proverbs 18:15; Mark 10:46-52; James 1:19
U3	L11	Life Skills	Communication	Reflecting Peace by Resolving Conflict	Matthew 5:23, 24; Romans 12:18; 2 Corinthians 13:11; 2 Timothy 2:14-26; James 1:19, 20
U3	L12	Life Skills	Communication	Honoring God by Showing Respect	Matthew 7:3-5; Romans 12:10; Ephesians 4:25, 29

YEAR 2 // QUARTER 7

UNIT	LESSON	UNIT FOCUS	UNIT TITLE	LESSON TITLE	BIBLE FOCUS
U1	L1	Spiritual Growth	Living for God	What Is Persecution?	Matthew 5:44; Romans 8:37-39; 2 Timothy 3:12
U1	L2	Spiritual Growth	Living for God	Responding to Persecution	Psalms 120:1; Acts 7; Romans 12:15
U1	L3	Spiritual Growth	Living for God	Helping the Persecuted	Isaiah 25:4, 5; Acts 9:1-9; Hebrews 13:3
U1	L4	Spiritual Growth	Living for God	Finding Hope in Persecution	Romans 5:3, 4; 1 Corinthians 13:12, 13; Philippians 2:4; Hebrews 6:13-20
U2	L5	Character Development	Compassion	Valuing Children	Psalms 127:3; Matthew 19:13-15; Galatians 5:22, 23
U2	L6	Character Development	Compassion	Valuing the Elderly	Genesis 12:2; 15:5, 6; 21:1-3; Leviticus 19:32; Job 12:12; Proverbs 16:31; 20:29
U2	L7	Character Development	Compassion	Valuing People with Differences	2 Samuel 9; John 9:1-3
U2	L8	Character Development	Compassion	Valuing All People	Exodus 2-4; Matthew 10:29-31; Luke 19:1-10; John 4:1-26
U3	L9	Life Skills	Justice in Action	What Is Injustice?	Deuteronomy 32:4; Psalms 33:4, 5; Isaiah 30:18; Micah 6:8; Romans 12:17-19
U3	L10	Life Skills	Justice in Action	What Does God Do About Injustice?	Psalms 13; 55:1-5, 16, 17, 22, 23; 73:1-5, 16-18, 27, 28; Romans 12:19; 1 Peter 3:9
U3	L11	Life Skills	Justice in Action	Where Do We See Injustice?	Luke 10:25-37
U3	L12	Life Skills	Justice in Action	How Do We Fight Injustice?	Psalms 82:3; Proverbs 31:8, 9; Isaiah 58:6, 7; Matthew 25:34-40

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YEAR 2 // QUARTER 8

UNIT	LESSON	UNIT FOCUS	UNIT TITLE	LESSON TITLE	BIBLE FOCUS
U1	L1	Spiritual Growth	Serving for God	Jesus the Servant	Mark 9:33-37; 10:42-45; John 13:1-17
U1	L2	Spiritual Growth	Serving for God	Gifts of Servanthood	1 Corinthians 12:4-6; Ephesians 2:10; 1 Peter 4:7-11
U1	L3	Spiritual Growth	Serving for God	Being Trustworthy Leaders	Joshua 1-6; Luke 16:10
U1	L4	Spiritual Growth	Serving for God	Being Servant Leaders	Proverbs 1:5; 21:5; Romans 12; Galatians 6:9, 10; Hebrews 12:1-3
U2	L5	Character Development	Humility	What Is Humility?	Proverbs 22:4; Colossians 2
U2	L6	Character Development	Humility	Imitating Humility	Matthew 18:1-5; Philippians 2:1-18
U2	L7	Character Development	Humility	Practicing Humility	Luke 14:1-14; 1 Peter 5:1-10
U2	L8	Character Development	Humility	Rewards of Humility	2 Chronicles 7; Proverbs 3:33-35; Luke 1:46-55
U3	L9	Life Skills	Stewardship	Valuing Resources Wisely	Psalms 24:1, 2; Matthew 25:14-30
U3	L10	Life Skills	Stewardship	Working Hard	Proverbs 6:6-11; 12:11; 13:4; 14:23; 16:26; 18:9
U3	L11	Life Skills	Stewardship	Being Content	Proverbs 22:7; Matthew 6:19-21; Philippians 4:12, 13; 1 Timothy 6:8-10; Hebrews 13:5
U3	L12	Life Skills	Stewardship	Giving Generously	1 Kings 17:8-16; Luke 21:1-4; 2 Corinthians 9:6-15

YEAR 3 // QUARTER 9

UNIT	LESSON	UNIT FOCUS	UNIT TITLE	LESSON TITLE	BIBLE FOCUS
U1	L1	Spiritual Growth	Truth	What Is Truth?	John 14:1-7; 18:36-40
U1	L2	Spiritual Growth	Truth	Seeking Truth	John 8:12-19, 31, 32
U1	L3	Spiritual Growth	Truth	Telling the Truth	Esther 4; 7:1-6
U1	L4	Spiritual Growth	Truth	True Confessions	Proverbs 28:13; Acts 19:13-20
U2	L5	Character Development	Loyalty	Understanding Trust	Psalms 41:9; 89:33; 118:8
U2	L6	Character Development	Loyalty	Being True to Others	Genesis 37–39
U2	L7	Character Development	Loyalty	Responding to Betrayal	Genesis 41–45
U2	L8	Character Development	Loyalty	Forgiving Betrayal	Luke 22:54-62; John 21:15-19; 1 Corinthians 13:4-8
U3	L9	Life Skills	Friendship	Selecting Friends Wisely	Proverbs 16:28; 17:17; 20:6; 1 Corinthians 15:33
U3	L10	Life Skills	Friendship	Dealing with Difficult Friends	Psalms 121:1, 2; Proverbs 12:15; Luke 6:27, 28; Romans 12:18; Titus 3:10
U3	L11	Life Skills	Friendship	Setting Yourself Apart	Isaiah 41:10; John 13:34, 35; 1 Corinthians 3; Philippians 4; 1 Peter 2
U3	L12	Life Skills	Friendship	Godly Friendships	1 Samuel 18:1-4; Proverbs 18:24; 27:17; Ecclesiastes 4:9-12

YEAR 3 // QUARTER 10

UNIT	LESSON	UNIT FOCUS	UNIT TITLE	LESSON TITLE	BIBLE FOCUS
U1	L1	Spiritual Growth	Redemption	The Story of Creation	Genesis 1:26-31; 1 Chronicles 16:25-34; Psalm 19:1; Colossians 1:15, 16; 1 John 4:19
U1	L2	Spiritual Growth	Redemption	The Story of Sin	Genesis 3
U1	L3	Spiritual Growth	Redemption	The Story of Jesus' Death and Resurrection	Matthew 28:1-10; Luke 23:32-34; John 14:6; Acts 1:8, 9
U1	L4	Spiritual Growth	Redemption	Our Part in God's Story	Matthew 5:14-16; 2 Timothy 3:16, 17; 1 Peter 5:10; 1 John 5:1-13; Revelation 22:1-5
U2	L5	Character Development	Peace Under Pressure	Finding Peace in God	Psalms 4:8; 29:11; Isaiah 26:3; John 14:27; 16:33
U2	L6	Character Development	Peace Under Pressure	Finding Peace in Failure	1 Samuel 30:1-15; 2 Corinthians 7:5-7
U2	L7	Character Development	Peace Under Pressure	Finding Peace When I'm Anxious	Luke 12:22-31; Philippians 4:6; 1 Peter 5:7
U2	L8	Character Development	Peace Under Pressure	Finding Peace in a Crisis	Job 2; 40:1-9; 42; Psalms 23, 77
U3	L9	Life Skills	Healthy Emotions	Identifying Emotions	Psalms 25:16, 17; 27:1; 33:1-5; 55:4-6; 109:1-5; Ecclesiastes 3:1-8
U3	L10	Life Skills	Healthy Emotions	Coping with Grief	Psalm 86:7; John 14:27; 16:33; Romans 11:33; 2 Corinthians 1:3, 4
U3	L11	Life Skills	Healthy Emotions	Understanding Depression	Psalm 94:19; Proverbs 12:15; 16:32; Ecclesiastes 3:1-8; 2 Corinthians 4:18; Philippians 4:8; James 1:5
U3	L12	Life Skills	Healthy Emotions	Embracing Hope	1 Kings 19:1-9; Psalm 42:5; Lamentations 3:22-24

YEAR 3 // QUARTER 11

UNIT	LESSON	UNIT FOCUS	UNIT TITLE	LESSON TITLE	BIBLE FOCUS
U1	L1	Spiritual Growth	Discernment	Hope for Hagar	Genesis 16:7-11, 13
U1	L2	Spiritual Growth	Discernment	Purpose for Gideon	Judges 6, 7
U1	L3	Spiritual Growth	Discernment	Provision for Elijah	1 Kings 16–19
U1	L4	Spiritual Growth	Discernment	New Life for Paul	Acts 9:1-19
U2	L5	Character Development	Integrity	What Is Integrity?	Daniel 6
U2	L6	Character Development	Integrity	People of Integrity	Luke 19:1-9
U2	L7	Character Development	Integrity	Living with Integrity	Acts 11:21-26
U2	L8	Character Development	Integrity	Making Hard Choices	Job 1, 2, 42
U3	L9	Life Skills	Setting Boundaries	Social Media Attraction	Proverbs 27:12; Romans 7:14-25; 1 Timothy 6:11-21; 1 John 2:15-17
U3	L10	Life Skills	Setting Boundaries	Pornography Deception	Psalms 119:37; Proverbs 6:27, 28; Matthew 5:28; Luke 8:17; 1 Corinthians 10:13, 14; Philippians 2:4; James 1:14, 15; 3:13-18
U3	L11	Life Skills	Setting Boundaries	Restoration After Addiction	Isaiah 61:7; Joel 2:12-13; Romans 12:2; Galatians 6:1; Colossians 2:13, 14
U3	L12	Life Skills	Setting Boundaries	Protection from Distractions	Proverbs 18:2, 3; 22:1; 1 Corinthians 10:23; 1 John 2–3

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YEAR 3 // QUARTER 12

UNIT	LESSON	UNIT FOCUS	UNIT TITLE	LESSON TITLE	BIBLE FOCUS
U1	L1	Spiritual Growth	Grace	Transformation by Grace	Romans 5:1, 2; 6:23; 8:5, 6, 28; 12:1, 2
U1	L2	Spiritual Growth	Grace	Freedom in Grace	Romans 11:6; Galatians 5:22, 23; Ephesians 2:8-10; James 2:14-26
U1	L3	Spiritual Growth	Grace	Power of Grace	2 Corinthians 12:9, 10; Ephesians 6:10-18; 2 Thessalonians 3:3; 1 John 5:4
U1	L4	Spiritual Growth	Grace	Hope in Grace	Romans 5:2-5; 12:12; 15:4; Philippians 3:13-16; 1 Timothy 4:7-10; Hebrews 10:23; 11:1;
U2	L5	Character Development	Faith in Action	Courage	1 Samuel 17
U2	L6	Character Development	Faith in Action	Mercy	Psalms 130:1-4, Micah 6:8; Matthew 5:7; 18:23-34; 20:1-16; Luke 15:11-24; Hebrews 13:16
U2	L7	Character Development	Faith in Action	Peace	1 Samuel 25:4-35; Matthew 5:9; James 4:1-3
U2	L8	Character Development	Faith in Action	Justice	Leviticus 19:15; Deuteronomy 27:19; Proverbs 21:15; Luke 18:1-8; John 2:13-25
U3	L9	Life Skills	Building Unity	Judging Others	Matthew 7:1-5; John 13:34, 35; Acts 10:34, 35; James 2:1-4, 8-13
U3	L10	Life Skills	Building Unity	Responding to Prejudice	John 7:25-43; Acts 10:1-35
U3	L11	Life Skills	Building Unity	Stopping Prejudice	1 Samuel 16:7; Psalm 139:13, 14; Luke 10:27; 1 Corinthians 12:21-26; Galatians 3:23-29
U3	L12	Life Skills	Building Unity	Healing from Prejudice	Romans 12:16; Ephesians 2:10; 4:29-32; Hebrews 13:16; 1 Peter 3:13-17

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SEEN HOLIDAYS

UNIT	LESSON	UNIT FOCUS	UNIT TITLE	LESSON TITLE	BIBLE FOCUS
HOLIDAY 1	L1	Spiritual Growth	Birth of Jesus	Jesus Is Born	Isaiah 7:14; 9:2, 6, 7; Luke 1, 2
HOLIDAY 1	L2	Spiritual Growth	Birth of Jesus	Jesus Saves	Matthew 1, 2; Luke 1; Acts 4:11, 12; 13:13-52; 1 Peter 3:18-22
HOLIDAY 2	L1	Spiritual Growth	His Death and Resurrection	Jesus Dies for Us	Isaiah 53; John 18, 19; Romans 5:7-9
HOLIDAY 2	L2	Spiritual Growth	His Death and Resurrection	Jesus Lives Again	John 20, 21; Acts 1:1-11; Hebrews 7:23-25